

CLIMB THEATRE PRESENTS



SELF-CONTROL

INTERACTIVE CLASSES FOR K-2 AND 3-6

Classes are highly interactive programs that are conducted by two professional actor-educators directly in the classroom. Classes deliver clear educational messages while students participate in discussions, theatre games, and role-plays.



Master Your Emotions

These fun and engaging classes teach students to master their emotions by developing self-control. They'll learn how to make choices that get the outcomes they want!



What They're Saying

"The actors were very interactive with the students and did a lot of movement with them. The focus was on self-control, which goes right along with what we teach in class about Character Counts."

—Sue Garvin, 4th grade teacher



Innovative Techniques

Using scenes, meaningful discussions, and games and activities, CLIMB's classes help students make new discoveries, practice social skills, and achieve learning objectives.



Pricing and Logistics

Actors move classroom-to-classroom and can see up to 7 sections of 35 students per day. Each class is 40 minutes long. Pricing for classes is \$639 per day, plus travel.

See class summaries & educational objectives on the next page.



SUMMARIES & EDUCATIONAL OBJECTIVES

Joey and Mom (K-2)

Summary

In this interactive class, students will help Joey learn basic self-control skills. By the end, both Joey and the students will know what self-control is and how it makes school better for everyone.

Educational Objectives

- To define self-control and teach students how to use it.
- To practice self-control while sitting with a group.
- To model and practice hand-raising instead of interrupting.
- To brainstorm ways to remedy a loss of self-control.
- To remind students of their best qualities.

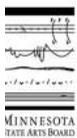
Managing Your Emotions (3-6)

Summary

In this class, students think critically about why people lose control of their emotions and the negative consequences that can happen as a result. Students participate in games, watch scenes, and role-play their own ideas to practice using self-control in common situations.

Educational Objectives

- To define self-control.
- To teach students the self-control steps: stop, think, what could happen, is that what you want?
- To brainstorm and practice ways to avoid a loss of self-control.
- To encourage students to worry about controlling their own actions and not the actions of those around them.



This activity is made possible by the voters of Minnesota through a Minnesota State Arts Board Operating Support grant, thanks to a legislative appropriation from the arts and cultural heritage fund.

Call (800) 767-9660 today to learn more or to schedule.